

---

**Next Week's Life Group:** Culture of Discipleship

**Next Week's Story:** Exodus 18:13-27

---

**Our Church's Definition of a Biblical Disciple of Jesus**

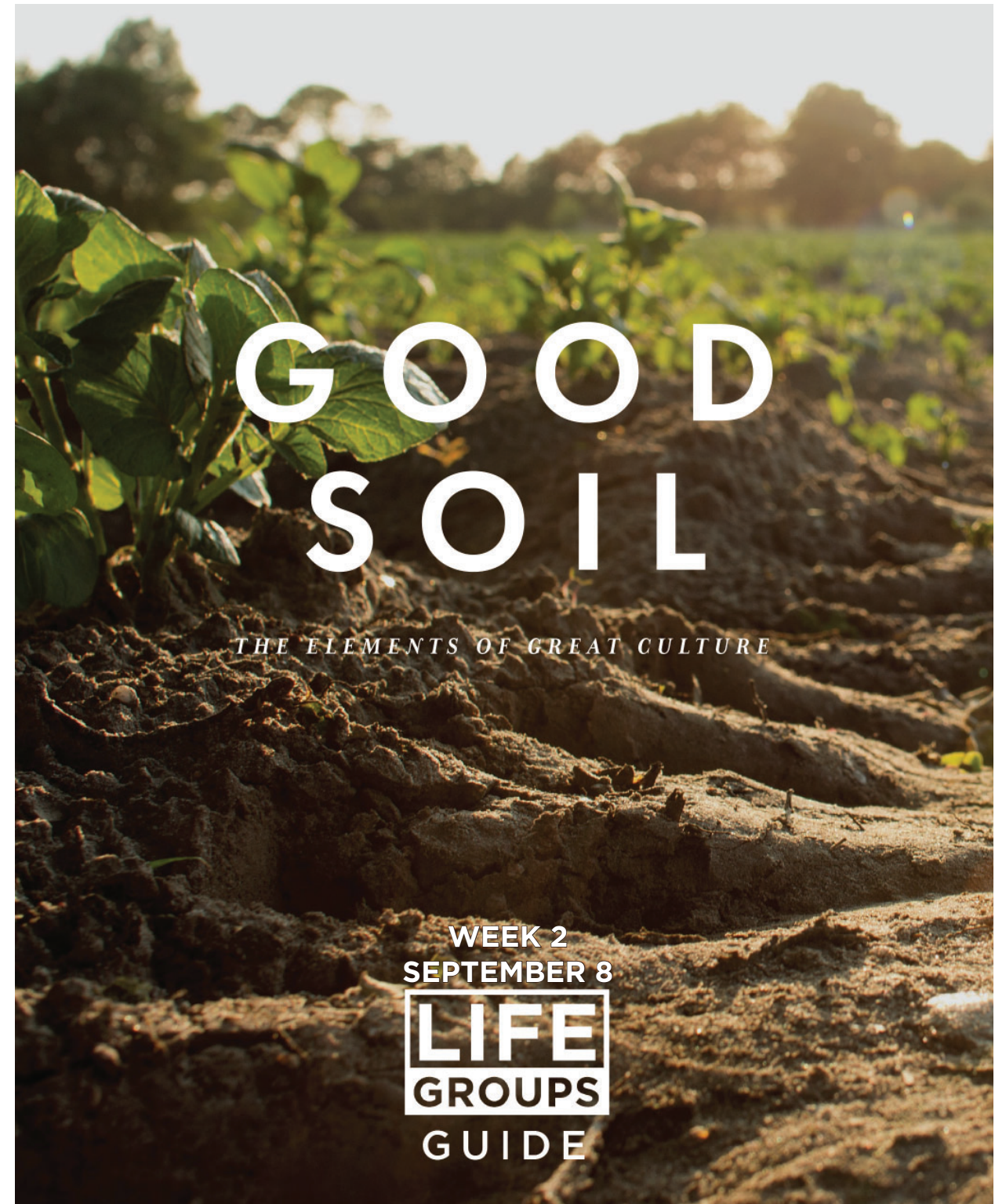
A person who is committed to *following, being changed by,* and *on mission* with Jesus (taken from Matthew 4:19).

---

**The Purpose of Life Groups**

Life Groups are where we connect with God and with others through relationships - growing in spiritual maturity as biblical disciples of Jesus and inspiring a culture of discipleship as we do life together. Life Groups are loving, safe, and interactive places where people can be authentic and vulnerable as they explore, experience, serve and grow in relationship with Jesus, the Word, and others. (Matthew 28:16-20; Acts 2:42-47; Hebrews 3:12-13, 10:23-25; 1 Thessalonians 5:11)

---



## GOOD SOIL

*But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth."*

John 4:23-24

### GETTING STARTED

What are you the most grateful for in your life?

### STORY BACKGROUND

When we think of worship, we often think of music and the Psalms is our 'go to' song book in the Bible. But music is only one way to worship our Lord and Savior, and the Psalms are more than just a music book. They are a means to help us know the heart of God!

Psalm 103 was written by King David, most likely later in his life. As you read it, you can sense David contemplating his life, his choices, his mistakes - the good things and the not so good things. David has learned through his experiences that he is nothing without God. He says, remember who God is and what He has done for us! As he looks back on his life, he can do nothing but praise God with all of his being.

This Psalm is divided into three sections:

- the first portion praises God for all His benefits to us, spiritually and physically.
- the second praises God for His attributes.
- the third invites the angels and the works of God's creation to join in worship.

As you read this Psalm, think about how you can worship God, the One and Only Creator, as David did: intellectually, emotionally, and practically (also see Mark 12:29-30).

## A CULTURE OF WORSHIP



**STORY:** Psalm 103 (Read aloud)

**MEMORY VERSE:** Matthew 13:23a

*As for what was sown on good soil, this is the one who hears the word and understands it.*



**HEAD LEVEL:** These questions help us to examine what the Word tells us.

- What characteristics of God do you find in this passage?
- What characteristics of man do you find in this passage?
- What characteristics of the angels do you find in this passage?



**HEART LEVEL:** These questions help us wrestle with what we believe.

- How do WE bless GOD? Is that even possible?
- Creating a culture of worship begins in our own hearts. What does it mean to worship God with 'all that is within me?'



**HANDS LEVEL:** These questions help us commit to a next step and live it out in our everyday lives.

- In what ways do you worship God?
- Try something new this week and share with your group how you are going to worship God. Examples:
  - go for a walk and praise God for His creation around you.
  - create something new and give it away while thanking the Holy Spirit for the gifts and talents He gave you.
  - spend an intentional hour just sitting and listening to God - no distractions.
  - make a list of what God has done for you and take time every day this week to thank Him.