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**Our Church's Definition of a Biblical Disciple of Jesus**

A person who is committed to *following, being changed by, and on mission* with Jesus (taken from Matthew 4:19).

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**The Purpose of Life Groups**

Life Groups are where we connect with God and with others through relationships – growing in spiritual maturity as biblical disciples of Jesus and inspiring a culture of discipleship as we do life together. Life Groups are loving, safe, and interactive places where people can be authentic and vulnerable as they explore, experience, serve, and grow in relationship with Jesus, the Word, and others. Matthew 28:16-20; Acts 2:42-47; Hebrews 3:12-13, 10:23-25; 1 Thessalonians 5:11.

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# MADE FOR MORE

A STUDY THROUGH EPHESIANS

WEEK 8  
JUNE 22 & 23

**LIFE**  
**GROUPS**  
GUIDE

## MADE FOR MORE

*Therefore take up the whole armor of God,  
that you may be able to withstand in the evil day,  
and having done all, to stand firm.*

Ephesians 6:13

### GETTING STARTED

Describe a situation in which you prayed or remembered a particular scripture that helped you resist a temptation.

### STORY BACKGROUND

Prior to Jesus' public ministry, He spent 40 days in the desert where He was tempted by Satan. Jesus understood the significance of the 40 days as it paralleled the 40-year journey of the Israelites in the desert, who faced their own set of challenges. Satan tempted Jesus in three specific areas.

Knowing that Jesus chose to fast, Satan tempted Jesus in the area of physical need by appealing to His ability to turn a stone into bread. Jesus resisted this temptation by quoting Deuteronomy 8:3, where Moses reminded the people of the manna which God had provided.

Jesus' second temptation was in the area of glory and rulership. Satan knew that if he could entice Jesus to worship him and focus on ruling the earth, he might make Jesus forget his need to worship God. Again, Jesus responded by quoting Deuteronomy 6:13, reminiscent of how the Israelites were tempted to serve a golden calf and take their focus off God.

Finally, Satan tempted Jesus to put God to the test and to save Him from physical harm. This would circumvent Jesus' need to go through the pain and provision of His calvary experience for the benefit of all of humanity. Satan even quotes Psalm 91:11-12 to show the Messiah that He would be kept safe from harm. Jesus responded to him with Deuteronomy 6:16, reminding Satan not to test the Lord. After these temptation attempts, the Enemy leaves Jesus until a more opportune time.

## VICTORY



**STORY:** Luke 4:1-13  
Ephesians 6:10-24 (Read aloud)

**MEMORY VERSE:** 1 Corinthians 10:13

*No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.*



**HEAD LEVEL:** These questions help us to examine what the Word tells us.

- Why was Satan's first temptation related to Jesus' physical well-being?
- How did Jesus respond to each of the devil's attempts to tempt him?



**HEART LEVEL:** These questions help us wrestle with what we believe.

- In situations where you have been tempted, what was your first reaction - to quote scripture or did you look for a more "rational" way out?
- Do you believe that your prayers could cause the Enemy to flee from you?



**HANDS LEVEL:** These questions help us commit to a next step and live it out in our everyday lives.

- Re-read Ephesians 6:10-18. What part of the "full armor of God" have you neglected to put on or prioritize in your life? How might you incorporate that part more into your life?